

Trauma and Dual-Diagnosed Informed Treatment

By Linda A. Hazel, Ph.D., LMFT, CAS, EMDR-2 AAMFT Approved Supervisor

> Dates and Times: 6/5/13 - 1:00 pm - 3:00 pm 6/12/13 10:00 am - 12:00 pm 6/13/13 1:00 pm - 3:00 pm 6/18/13 2:00 pm - 4:00 pm 6/25/13 1:00 pm - 3:00 pm

> > **River Road Campus**

This training will be presented in two parts. The first part is about trauma informed treatment with addiction. It will present useful information for all staff to clearly understand working with patients who present with trauma. Understanding how trauma interacts with addiction, allows for patients to start their trauma work by understanding better what is necessary for long term recovery. The second part is about dual-diagnosed patients and how to work with them in addiction treatment. Two CEUs will be available.

Participants will learn and understand:

- The connection between addiction and trauma.
- Grief and Loss and the connection to trauma.
- Facts about Trauma and Addiction.
- Hallmarks of unresolved trauma.
- Trauma Recovery.

- Family Systems Trauma and Addiction.
- Dual Diagnosis Patients.
- Who are the Dually Diagnosed Patients?
- Substance Use/Dependence and Mental Health.
- The difference between Pre-existing Mental Health Disorders and Substance Induced Disorders.
- Treatment of Addiction in Dually Diagnosed Patients.

Linda A. Hazel, Ph.D., LMFT, CAS, EMDR-2 is the Clinical Training Specialist of Cumberland Heights. She has worked at Cumberland Heights for the past ten years in a variety of positions. She does training, supervision, serves on committees and works with other Clinical issues at Cumberland Heights. She is currently the President of the TN Division of AAMFT and has done presentations at conferences, workshops and community organizations.

Please register at <u>www.cumberlandheights.org</u>